## **POSTOPERATIVE INSTRUCTIONS**

### **Keep Them Comfy**

- Keep your animal indoors in a warm, quiet place away from other animals and children for at least 24 hours.
- Offer a small meal several hours after arriving home. Slowly increase meal size to the normal amount over the next 24 hours.
- **Start any pain medication provided**, the morning after surgery. *Do not give early*—your animal was given an injection for the pain, and it will last for 24 hours. Follow the label instructions. Don't give any over-the-counter medications unless your veterinarian prescribes them.
- **Restrict your animal's activity** for the next seven to 10 days. Walk dogs on a harness and leash—don't let them run free. Don't let cats run, jump, or climb.
- **Keep animals dry** for 10 days—no bathing, swimming, or playing in the rain.



### No Licking, Please!

 Don't let your animal lick or chew at the incision, as this could cause it to come open and lead to infection.



 Get a properly fitted Elizabethan collar or a recovery suit from Amazon, Tractor Supply Co., a pet-supply store, or your veterinarian. It must be worn for at least a week, up to 10 days, to avoid complications from licking the incision.

### Things to Watch Out For

- Check the incision at least twice daily. Some swelling and redness
  are expected, but if you notice any drainage or excessive swelling or
  redness, get an Elizabethan collar or a recovery suit immediately and
  e-mail PETAClinic@peta.org. (Note: Some neuter surgeries have scrotal
  incisions that are left open to heal. In that case, some drainage is normal.)
- Your animal may vomit and/or have diarrhea after surgery. If this
  occurs, stop pain medication and offer plain, unseasoned boiled
  chicken and rice.
- Your animal may shake, whimper, and/or feel extremely tired following surgery. These symptoms should subside within 24 hours.
- Feline patients may be very energetic and more loving for 24 to 48 hours as a result of the pain injections they received.

#### Is It an Emergency?

- Emergencies include continuous bleeding from the incision, continuous vomiting, severe pain, pale gums, and seizures. Take your animal to your regular veterinarian or an emergency veterinary hospital immediately.
- For postoperative or incision concerns, please e-mail PETAClinic@peta.org. This e-mail address is monitored Monday through Friday, 8 a.m. to 5 p.m.

For general questions, please reply to your appointment e-mail.



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#### **Good to Know**

- We placed a small tattoo on your animal's abdomen to indicate that they've been been sterilized. It's a small colored line near the incision or, for male cats, the belly button.
- Your animal's sutures will dissolve and do not require removal.
   Male cats do not require sutures.

For animal emergencies, call **757-622-7382** and follow the prompts.

